



USMS SOUTH CENTRAL ZONE SHORT COURSE YARDS CHAMPIONSHIPS GULF REGION MAY 15 - 16, 2021 HOSTED BY GULF LMSC



Administrative Official: Kirsten Hoffman, khoffman@interworks.com

Meet Director: Sean Callan, spcallan@gmail.com

Date: Saturday, May 8

Facility: Trident Aquatic Center 10001 N 127th East Ave, Owasso, OK 74055



- Indoor 25 yard 8 – lane course. Lanes 1 and 2 will be reserved for continuous warm-up/cool down throughout the meet. Lane lines are non-turbulent.
- Omega timing system, multiple television monitors with scoreboard. Hy Tek Meet Manager software. Club Assistant online entries.



Directions can be found here: [Directions](#)

Pool Length: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1

Official Times: Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records

Timing System: The primary timing system will be automatic timing with a backup timing system using semiautomatic timing consisting of one button and a tertiary system of one watch.

Warm Up:

Session 1	Saturday	Warm Up: 8:00am	Meet Start: 9:00am
Session 2	Saturday	Warm Up: 1:00pm	Meet Start: 2:00pm

Warmups will be conducted in accordance with the current USMS policies and procedures. Feet first entry only. No equipment may be used in the warmup pool.

Rules: Current USMS Rules will govern the conduct of the meet

Swim Wear: Swimsuits may be in one or two pieces. Swim wear must comply with FINA specifications. NOTE: no ties, zippers or any other fastener system with the exception of a waist tie.

Parking: Extensive surface lot next to Natatorium

Sanction: Sanctioned by Gulf Master Swim Committee for USMS, Inc. Sanction Number is **XXX-XXXX**.

Eligibility: Open to all currently USMS registered Oklahoma swimmers. Oklahoma swimmers not currently registered with USMS will be given an opportunity to do so during registration. USMS registered swimmers outside of Oklahoma

should contact Kirsten Hoffman, Administrative Official a khoffman@interworks.com to see if they are eligible to enter the swim meet.

Age: Athlete age at the meet is determined by their age on May 16, 2021. Swimmers must be at least 18 years of age.

Age Groups: 18-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75-79, etc.

Number of Events Allowed: Maximum of 6 individual events per day

Swimmer Cap: The swimmer cap per session is **100**. Once the swimmer cap is reached for that session, entries will be closed for the day. Entries will be taken on a first come, first served basis.

IMPORTANT: Swimmers are asked to voluntarily notify the Meet Director by email at spcallan@gmail.com of their intent to scratch any events by 5 PM on the Thursday, May 6th. Psych sheet will be emailed and posted no later than Thursday AM. Final seeding of all pre-seeded events will occur after the early scratch deadline has passed.

There are no penalties for swimmers who no show/scratch at the meet. No refunds given for no shows.

Entry Deadline: Sunday, May 2nd at 11:59 PM. Entries will be online only at https://www.ClubAssistant.com/club/meet_information.cfm?c=1250&smid=13576

NO ENTRIES WILL BE ACCEPTED AFTER MAY 2nd. NO INDIVIDUAL DECK/DAY OF ENTRIES ALLOWED.

****The South Central Zone SCY Championships is being held in multiple pools on two consecutive weekends. No swimmer is allowed to enter more than one of the competitions. Any swimmer found to be entered in more than one meet will have to drop one of their registrations. No refund will be given****

Seeding: Events 200 yards and shorter will be swim slowest to fastest. Events 400 yards and longer will be swum fastest to slowest. Ages and gender will be combined for seeding but separated for scoring. All events EXCEPT 400 IM, 500, 1000 & 1650 Free will be pre-seeded.

Distance Event Check In: Swimmers must check in by the following days/times for these events or they will be scratched from the event.

500 Free	45 minutes before the start of Session 1 on Saturday
1000 Free	By the beginning of the 50 Back in Session 1 on Saturday
400 IM	45 minutes before the start of Session 2 on Saturday
1650 Free	By the beginning of the 50 Free in Session 2 on Saturday

Lap Counters: Swimmers in the 500, 1000 & 1650 Free must supply their own lap counter

Scoring: Individual through 8th place. Points: 9, 7, 6, 5, 4, 3, 2, 1

Awards: No Awards

Facebook: <https://www.facebook.com/USMSSouthCentralZoneChamps>

Psych & Heat Sheets: Psych and Heat Sheets will be available online before the meet at <https://www.waves-swim-academy.com/?lightbox=datattem-jt4tl0b6>. They will also be emailed directly to each registered swimmer. Heat Sheets will also be posted in multiple places on the walls around the venue.

Results: This is a Multi-Pool Champs meet. Results from this meet will be merged with the results from the other locations hosting the Champs meet in our Zone. All meets will occur between May 8 – 16, 2021. Merged Results will be posted on the South Central Zone website at <https://usmssouthcentralzone.org/> and on the Facebook page. Results will be on Meet Mobile throughout the meet and on the Gulf Masters Swimming web site and after the results are processed will be posted at www.USMS.org after the meet. Hard copy results will be posted continuously throughout the meet. Records will be submitted with proper paperwork and electronic files ASAP after the meet to all appropriate parties.

Concessions: Concessions will not be available. Swimmers may bring their own food supplies.

Order of Events:

2021 South Central Zone SCY Multi-Pool Champs			
Order of Events			
Saturday – Session 1		Saturday – Session 2	
500	Free	400	IM
200	Back	100	Back
50	Fly	50	Breast
200	IM	200	Free
100	Free	100	IM
50	Back	50	Free
200	Fly	200	Breast
100	Breast	100	Fly
1000	Free	1650	Free

- Age groups and genders in all events will be combined for seeding but separated for scoring
- All events 200 yards and shorter will be pre-seeded
- Distance events (400 IM, 500 Free, 1000 Free and 1650 Free) require positive check in. They will be seeded after check in is closed.
- Swimmers must supply their own lap counters for the 500, 1000 and 1650 Free